

PODIATRIC

SURGICAL SPECIALISTS

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POSTOPERATIVE INSTRUCTIONS FOR INGROWN TOENAIL REMOVAL

We have just completed a surgical procedure on your foot. Following home care directions can hasten healing, prevent complications and keep you more comfortable.

- Soak your foot in warm soapy water within two hours of your procedure for one ½ hour. Starting the next day, soak for 10 minutes twice daily for one week. Then once daily for the second week. Apply antibiotic ointment (Neosporin) and bandage (band-aids are fine) after soaking.
- Do not be alarmed if you see some bleeding on the bandage. It should stop shortly; if not, call the office.
- If you have been given prescriptions for medications (or if you received medications at the office), take them as directed. They are for your benefit and will help you feel more comfortable.

Should you have any undue discomfort, swelling, or any other problems or questions, do not hesitate to call us. We are very much interested and concerned with your foot health and welfare.

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